



ICMS Social Guide

September 2011 Term

www.icms.edu.au/news



WHAT'S ON: ICMS ACTIVITIES GUIDE | B@SSMENT EVENT LINE UP | STUDENT COMMITTEES | SPORT | IMPORTANT DATES



ICMS



STUDY + EXPERIENCE = SUCCESS

COMMS CREW

CONNECTING PEOPLE



welcome to ICMS

September term

Dear fellow students,

Firstly, on behalf of myself and all members of the Student Representative Council, I welcome all new students to the International College of Management, Sydney. Also to all those students who have travelled from abroad we welcome you to Australia and those from out of state, welcome you to Sydney.

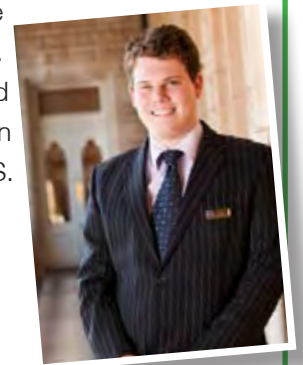
Secondly, to all the students returning to ICMS, welcome back. I hope you enjoyed your break and you are all ready for the term ahead. To those students in term nine and those students who are leaving us in term six, enjoy you last term at ICMS.

The Student Representative Council (commonly known as the SRC) is run by students for students and this term will be no different. The SRC team are easy to approach, so feel free to say 'Hi' or chat to us about your college life.

The social events calendar (located in the middle of the guide) is backed with fun filled events for this term. There is an old saying "work hard, then party hard" and that is one of the objectives of the SRC social events. Completing assessments, reports and just general study puts a lot of pressure on you. The SRC organises these events to help students unwind and have some fun in the middle of it. Most of the events will be held in the Bassment Bar, which is also open Tuesday, Thursday and Friday nights.

If you want to get involved in the SRC or have any questions please do not hesitate to contact us at src@icms.edu.au. To every student I wish you all the best in your study during the term. To those students in term nine and those students who are leaving us in term six, enjoy you last term at ICMS.

Angus Williams
President of the SRC



Welcome!

Summer is feeling like it is already here, lets kick the term off with a great start by heading north and learning to surf!

Student Experience has some great activities on offer this term including Mary Poppins tickets, Blue Mountain and Hunter Valley tour, get your shoes off for some barefoot bowls down in manly, horseriding on the beach in Malabar and see the underwater life in Shelly Beach. For those of you who are a little more adventurous we have some skydiving, white water rafting, and jet boating. The social guide has it all.

There are lots of student committees including Rotaract, Comms Crew, Green Team, Scando's, ASA and the Activities committee for anyone looking to get involved. Remember it is not only the classroom that makes ICMS a great place.

Are you interested in joining a club or team? Or even creating one.... This term we are looking at a couple of new clubs so standby for the details. Can you play an

instrument and are you interested in joining the ICMS Band? Do you have a passion for wine, our new wine appreciation club will be organising some tastings and social events to the Hunter Valley. Do you want to play touch football, Oz Tag or join a basketball tournament? If you are passionate about something and would like to start a club or create a team, come and see me in student services or email me at tjohnson@icms.edu.au

On a more serious note, Student Experience is here to help you. We can assist you with your queries and direct you to the right people who can answer your questions, we can sign you up for activities. Assist you with your paperwork or if you need someone to just have a chat with. Feel free to drop by Kelly House, we are open from 8am to 5pm and look forward to seeing you soon!

Regards,
Trish Johnson
Student Experience Manager



B@SSMENT

ice breaker

Friday 30 September, B@ssment

Don't miss your chance to break the ice! Icebreaker is one of the biggest parties of the term and, as with every term, it will not disappoint. All students, from Term 1 through to Term 9, know that this is the place to be Friday night of Week 1.

With student-priced drinks, guest DJ's and our exclusive after party in Manly, the ice will be not only be broken, it will be crushed and melted!

town hall

Monday 31 October, Great Hall

Town Hall comes around every term and is the best possible time to voice your opinion and raise concerns with the Management of ICMS in an open forum. It is the ideal opportunity to make a change at the college to ensure your time at ICMS is continually rewarding and satisfying.

auction

Thursday 24 November, B@ssment

Prepare to be entertained and amazed by students talents and the "talent" at ICMS.

Get involved! Show us your stuff on the stage to raise money for Bear Cottage. And if performing isn't your thing, then save up your cash and bid for your favourite act, all for a good cause.

halloween ball

Friday 28 October, Great Hall

From witches to wizards and pirates to fairies, the Halloween Ball is where the magic will happen. Come dressed as your favourite fictional alias and enjoy a night of enchantment and mystery.

end of term party

Tuesday, 20 December, Manly

Say farewell with one last night not to be forgotten.

B@ssment weekdays:

Open every Tuesday, Thursday and Friday
Weekly specials on cocktails, cheapest beverages in Manly. RnB, Oldschool, Dance nights and more!
Special Guest Student DJ's weekly!

Check out the [B@SSMENT Facebook page](#) for pop up events every week in the B@ssment. Photos from events and monthly competitions always updated!

student committees

STUDENT EXECUTIVE COMMITTEE (SEC)

The Student Executive Committee (SEC) oversees the running and organisation of the Student Representative Council (SRC). The SRC meets weekly to discuss current issues and to make sure your needs are met. If you ever have any issues or problems you would like the SRC to discuss and take action on, please do not hesitate to contact us. The SRC is currently looking for new members to join the team, so either speak to one of the SEC team or jump online and email src@icms.edu.au or go to our SRC page on the student news section of the website to fill out an online application form.

Email: SRC@icms.edu.au

YOUR SEPTEMBER TERM SEC ARE:

- ◆ President - Angus Williams
- ◆ Vice President - Keeley Norton
- ◆ Treasurer - Katie Marino
- ◆ Secretary - Ulrike Schoening



SRC GENERAL MEMBERS

SRC General Members are an integral part of the ICMS Community. General Members work with the SRC Executive Committee to help organise events, listen to student needs and action plans and activities to ensure campus is a fun and enjoyable place. So why not help out and join up? Either talk to an SRC member or jump online to our online application form on the SRC page of the student news section. Email: src@icms.edu.au.

GREEN TEAM

The ICMS Green Team works actively to make the International College of Management, Sydney a more sustainable place to live, work and study. We welcome all students to get involved and help find ways to improve recycling and sustainable practices on campus. The year the Green Team introduced food waste composting to the CYC, planted 200 native trees on Shelley Beach headland for National Tree Day and cleaned up Collins Beach. Get involved in Green Week taking place the whole of week 2 this term. Email: greenteam@icms.edu.au



COMMS CREW

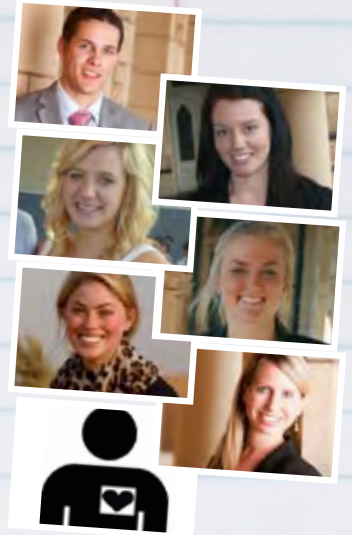


The Communications Crew is a group of students who communicate social, academic and sporting messages loud and clear amongst the student body. Their aim is to produce the weekly "word on the street" - a new exciting digital edition - and distribute breaking news to the ICMS community.

Send your articles, questions and queries to be published in WOTS to comms@icms.edu.au

YOUR SEPTEMBER COMMS CREW:

- ◆ Jimmy Gottschalk
- ◆ Keeley Norton
- ◆ Erin Alberts - US Correspondant
- ◆ Maria Selting
- ◆ Lucy McLachlan
- ◆ Lisa Papallo
- ◆ Dr Love



CLASS REPS

Class Representatives are students elected by their fellow students that meet regularly with the Academic Liaison Officers (ALOs) to discuss and solve any academic issues arising throughout the term. Class Representatives play an important role in College life, being responsible for several important communication and operational tasks on behalf of class groups and the College management and staff.

If you are interested in nominating yourself as a Class Rep for the May term, please email Anne-Marie Flynn, Head of School - Event Management at aflynn@icms.edu.au



ICMS ROTARACT CLUB

Rotaract clubs are part of a global effort to bring peace and international understanding to the world and are associated with Rotary International. The ICMS Rotaract club meets Wednesdays every second week (2, 4, 6, 8 and 10) at 6:45pm. Their focus for 2011 is first and foremost to get the club up and running to become a sustainable student driven entity at ICMS. They work on a number of community fundraising events and are mentored by Rotaract District Representative Evan Burrell and Rotary Manly Sunrise President Ted Waters. Email Kristina at rotaract@icms.edu.au to get involved in ICMS Rotaract Club.



LIVING WATER

formally known as Students for Christ

Living Water is an interdenominational Christian Group at ICMS. We provide students with opportunities to discover the truth about Jesus as found in the Bible and help strengthen and build up Christians in their relationship with God. Both Christians and non-Christians are most welcome to our meetings to explore matters of faith.

Meeting Details: Wednesdays 2:00-3:00pm in Classroom 5. For more information about Living Water please contact Brad at p.bradhall@gmail.com or 0451 950 318.



STUDENT AMBASSADORS

The Student Ambassadors work with the Marketing Department and the International Development Department, to assist in the promotion of the College and the recruitment of new students. The Student Ambassadors are involved in career weeks, open days, school visits and information nights. Contact Rebecca Wise if you would like to be a Student Ambassador. Email: rwise@icms.edu.au

RESIDENT ASSISTANTS (RAs)

Our Resident Assistants are current students electing to live on campus and provide support to other students living on campus. They are paid ICMS staff who live in the student accommodations, usually one on each floor.

RA's provide a variety of student support services, including emotional support, academic guidance, student safety, floor meetings, kitchenette maintenance and, most importantly, coffee and pancakes during exam time.

Your RAs for the September term:

- ◆ Adi Gulati - T3 Sports
- ◆ Jonathon Bell - T4 Tourism
- ◆ James Brady - T3 Retail
- ◆ Caitlin Perry - T3 Hospitality
- ◆ Penelope Soul - T3 Retail
- ◆ Madylin Wilkinson - T6 Events
- ◆ Christin Wisting - T3 Events



ICMS SCANDINAVIAN ASSOCIATION

The ICMS Scandinavian Association is a student initiative which was created as an attempt to strengthen the social network and provide a forum for Scandinavian Students at ICMS. We also aim to share our culture with Non-Scandinavian students by hosting events with Scandinavian inspired cuisine, beverage and music during the terms.

To find out more about the ICMS Scandinavian Association and to get involved join our facebook community page "ICMS Nordic Student Association" or email Christian Skjefstad at cskjefstad10@students.icms.edu.au



NEED SUPPORT? GOT A PROBLEM? WHERE TO GO FOR ADVICE AND SUPPORT:

Writing essays, taking notes, giving presentations

Academic Learning Centre, near the Library
dhurlow@icms.edu.au

Problems with class content or choosing subjects

Your lecturer or Head of School
Visit the Faculty Office, Ground floor of Kelly House

Exams, graduations, visas, enrolment,
timetable and subject selection

Student Services
studentservices@icms.edu.au
Ground Floor, Kelly House

Any personal, health or student activity problems

Student Experience Department
Ground Floor, Kelly House

Your accommodation, safety and facility requirements

Operations
Reception, ground floor of Moran House
reception@icms.edu.au

Fees and operating accounts

Accounts
First floor of Moran House
accounts@icms.edu.au

Computer, internet and printer problems

IT Helpdesk
helpdesk@touraust.com
8962 2468

Emergency?

Call ext 2355 internally or 0429 994 590 for the Duty Manager
Call 000 or sms 106 for Police, Fire and Ambulance.

Pastoral care, spiritual guidance and emotional support

College Chaplain
Brad Hall
bhall@icms.edu.au or 0451 950 318



KEEP IN THE LOOP

Add **ICMS CAMPUS** to your Facebook friends for event updates, latest photos and daily announcements.

TIME TO GET ACTIVE!

basketball club



What better way to meet new people than in a friendly sporting environment. The 2011 competition will commence on Tuesday 27 September, and the last day for the tournament will be Tuesday 6 December. All games will be played at the ICMS basketball court, on the headlands. Cash prize! Casual play 6-7pm is free.

Tournament 7-9pm
SBC \$5 per player
Non SBC \$10 per player

Tues
7pm

fitness club



There is no better way to kickstart your brain for the week. If you like to be outdoors and enjoy exercise, then come for a work out every Monday and Thursday? We will do some warm up exercises some cardio and some strengthening. If the weather is bad a gym session will be substituted. Time will depend on what suits the group best. If you would like to join, email

fitnessclub@icms.edu.au
SBC Free per session
Non SBC \$5 per session

Mon &
Thurs

soccer | football



Soccer allows you to release that built-up energy and stress. In a controlled and friendly environment you are able to exert excess energy whilst doing something you love. You won't find a sporting field with better views than this! Social Soccer from 5-7pm is free.

Tournament 7-9pm
SBC \$5 per player
Non SBC \$10 per player

Mon
7pm

yoga



Yoga gives you the tools to move through stressful situations, such as exam times, and helps to refresh and calm the mind. It also provides a completely new level of joy, happiness and sense of peace. Open to all students. Every Wednesday afternoon 5:00pm in the Great Hall. Bring a mat/towel and bring your student ID card with you.

SBC Free per session
Non SBC \$10 per session

Wed
5pm

manly beach health club



Get fit this summer with a 13 week gym membership starting Monday 26 September - Friday 23 December. Membership includes full access to the gym 4am - midnight. Brand new gym = Brand new equipment! Located in the Novotel Hotel, Manly Beach. \$15 refundable swipecard is required. Sign up at Student Services.

SBC \$40 per term
Non SBC \$59.95 per month

hip hop

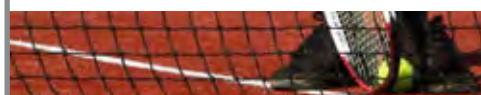


Free, funky and soulful expression of movement used by fabulous artists such as Usher and Missy Elliott. Hip hop is a fantastic way to express one's emotions and creativity. It does not require any formal training like Ballet or Jazz. Meet our high profile hip hop instructor(s) and enjoy this authentic, high energy hip hop course. Bring your student ID card with you.

SBC Free per session
Non SBC \$10 per session

Mon
7:30pm

tennis



Interested in a social game of tennis or do you want to become a little more competitive? Spend Thursday evenings on the Tennis court building up your fitness. 7pm on Thursdays.

Free to all, bring a racket.

Thurs
7pm

swimming club



Everyone should know how to swim while living near the beach. The swimming club meets every Tuesday and Thursday morning, the College bus will depart the CYC at 5:50am sharp and will return at 7am. Interested in joining email: swimclub@icms.edu.au Bring your student ID card with you.

SBC Free per session
Non SBC \$5.00 per session

Tues
& Thurs

zumba



Zumba Fitness® is a Latin-inspired dance-fitness program that blends red-hot international music, and contagious steps to form a "fitness-party" that is downright addictive. Held in the Bassment, come on down to get fit and let off some steam! 7:30pm on Wednesdays in the Bassment. Bring your student ID card with you.

SBC Free per session
Non SBC \$10 per session

Wed
7:30pm

Do you have a new idea for a Club? Are you interested in joining or creating a club or team? This term we are looking at a couple of new clubs so standby for the details. Interested in joining the ICMS Band? Do you want to play touch football, Oz Tag or join a basketball tournament? If you are passionate about something email Trish at tjohnson@icms.edu.au.

\$50

SBC

student benefits card



SEPTEMBER 2011

WEEKEND & SPECIAL EVENTS

DATE	ACTIVITY/EVENT	Non-SBC	SBC
Friday, 30 September - 2 Oct	Mojo Surf Weekend	\$265	\$215
Sunday, 9 October	Horseriding	\$65	\$50
Saturday, 15 October	Blue Mountains Day Trip	\$95	\$75
Saturday, 22 October	Skydiving	\$285	\$250
Sunday, 30 October	EcoTreasures Coastal Tour	\$99	\$69
Thursday, 3 November	Qstation Ghost Tour	\$40	\$30
Sunday, 13 November	Barefoot Bowls	\$15	\$10
Thursday, 17 November	Mary Poppins Stage Show	\$60	\$45
Sunday, 20 November	Snorkel (11am)	\$28	\$15
Sunday, 20 November	Jetboat in Sydney Harbour	\$75	\$55
Saturday, 26 November	Hunter Valley Day Trip	\$99	\$79
Sunday, 27 November	Cables Wakeboarding/Skiing	\$47	\$29
Sunday, 4 December	Whitewater Rafting	\$89	\$75

BE SURE TO SIGN UP EARLY AS PLACES IN ALL ACTIVITIES ARE LIMITED!

WEEKLY ACTIVITIES (weeks I - II)

Mondays	7-9pm Soccer Tournament (only pay once)	\$10	\$5
Mondays	7.30pm Hip Hop Class in the Bassment	\$10	FREE
Tuesday and Thursday	6am Swim Club heads to the pool	\$5	FREE
Tuesdays	6-7pm Casual Basketball Top Oval	FREE	FREE
Tuesdays	7-9pm Basketball Tournament (only pay once)	\$10	\$5
Wednesdays Wk 2-11	5pm Yoga Great Hall	\$10	FREE
Monday, Thursday	1hr training session with the Fitness Club	FREE	FREE
Wednesdays	7.30 pm Zumba Class in the Bassment	\$10	FREE
Thursdays	7-9pm Social Tennis on the Tennis Court	FREE	FREE
All term Wk 1 - 13	Manly Beach Health Club Gym Membership	\$180	\$40



**YOU
SAVE OVER
\$600!**

SRC'S TOP TEN THINGS TO DO IN MANLY

1. Spend a day relaxing in the sun on Manly beach. With a hat, sunnies and sunblock of course! The rays are strong!!
2. Have a drink at Manly Wine. We suggest the Giggly Rose cocktail (and of course their Brownie for dessert!)
3. Catch the famous Manly Ferry. When you get to Circular Quay go to the Opera Bar, below the Opera House. We know it's not in Manly but has the best view of Sydney's Harbour Bridge.
4. Have a drink at the Bavarian Beer Cafe on Manly Wharf. The best drink is the original Lowenbrau Beer. However there is a large variety of other beers and wines.
5. Walk from ICMS campus to the beautiful North Head. Take a friend and a packed lunch to enjoy the view of all of Sydney Harbour.
6. If you're a steak fan, then the Ivanhoe on Manly corso has the best steak in Manly.
7. Visit Manly's Oceanworld, you might even find Nemo and Dory.... or a shark!
8. Visit Adriano Zumbo's hideaway café. Situated on The East Esplanade opposite Garfish Restaurant. They have the BEST macaroons we have EVER tasted! Great for a post-assignment treat.
9. Hire a bike and ride around Manly. It's best to start at the south end of the beach and ride to the north end of the beach while observing the different people, homes and sporting activities along the way.
10. When leaving one of Manly's late-night bars, visit the Kebab shop on Manly corso for a tasty snack (next to Vodafone)



GET YOUR BACKPACK ON!



LET STUDENT FLIGHTS MANLY LOOK AFTER YOUR TRAVEL NEEDS

Travel is all about having the time of your life - getting out there and getting amongst it, experiencing new things, going to new places and making new friends. It's about having the adventures that you'll never forget and meeting people that you'll know for a lifetime. And at Student Flights Manly we get that! Our focus is travel for students, young people and anyone who seeks a little (or a lot!) of adventure, either in Australia or overseas.

At Student Flights Manly we want you to have a holiday that rocks! As an ICMS student you have access to exclusive deals and discounts at Student Flights Manly! Why pay more for a full airfare, when you are entitled to discounted student fares? Walk into our store and you will be greeted by a team of passionate, experienced, fun-loving travellers. Our professional team has travelled the globe extensively and we want to make sure that you have all the information and options you need to have the best holiday possible.

The difference is being able to speak to someone who's been there and can give you the low-down on what it's really like (with the hidden secrets that only personal experience can give). The world is your playground. And Student Flights Manly is here to help you get amongst it! Give us a call on 02 8962 3022 or visit our store next door to BenBry Burgers!



**Student
Flights™**
go your own way

**SAVE UP TO \$1000
WITH STUDENT FLIGHTS
AND CONTIKI
WHEN YOU BOOK WITH A MATE**



**ICMS
Alumni**
AD ASTRA SURGENTES

www.icms.edu.au/alumni

MyStory Professional Seminar

Thursday 13 October 2011, 6.15pm in the GDR - FREE TO ALL STUDENTS.

This event takes place once a term and is a valuable opportunity for our most successful alumni to share their stories along with a professional speaker. The topic for this seminar is "Entrepreneurs - Starting your own business". This is an event for students, alumni and staff and is an intimate night of inspiration, discussion and great food. Proudly brought to you by the ICMS Alumni Relations Program. Registration essential at alumni@icms.edu.au.